

The 44th annual Northbrook-on-Ice show will be held at the **Northbrook Park District's** Sports Center the weekend of May 10th through the 12th. The highly regarded show offers four performances and combines sophisticated skating, dazzling costumes and a spin on social media. For ticket information call (847)291-2993.

Vicki Gerson will present "Using Public Relations to Gain Visibility for Your Business" on Thursday, May 16th at 7:00 p.m. at the Northbrook Public Library. The program is designed to give businesses tips on how to promote themselves through the media. The program is free and open to the public.

FASTSIGNS of Northbrook was recently recognized as one of the top FASTSIGN centers in the country out of more than 450 U.S. locations. At the recent convention in Dallas, FASTSIGNS received the Pinnacle Club Award for its outstanding increase in sales volume from the previous year. For information visit www.fastsigns.com/138.

The **Family Institute at Northwestern University** presents "Strengthening the Relationship between Adults and their Parents" at noon on Thursday, May 16th at Lake Shore Country Club in Glencoe. In his presentation, renowned expert Dr. William Pinsoff will explore hidden aspects of the adult child-parent relationship in the later stages of life. Attendance is \$50 per person. Call (312)609-5300 ext. 484 for more information.

A **Refuge for Saving the Wildlife** will have an exhibition booth at the "Green Festival" at Navy Pier on Saturday and Sunday, May 18th and 19th. In addition to allowing attendees to see some of the beautiful birds that the organization has adopted and rescued, there will be information about bird rescue and an educational exhibit for children. For more information visit www.greenfestivals.org/chi.

The **Cancer Wellness Center** will host its annual "Stepping up to Wellness Run/Walk" on Sunday, May 19th at Independence Grove in Libertyville. The event features a 5K run/walk at 9:00 a.m. and a 1 mile Family

Herb Levin, 1st Eagle Mortgage (l) and Chamber Board member Kris Ruben, Ruben and Goldberg (r) and 75 other attendees were welcomed by Crown Plaza General Manager Brad Harvey and Director of Sales and Marketing Michelle Ferraro (c) at last month's Business After Hours at Cadwell's Grille, located in the newly renovated Embassy Suites in Deerfield.



Walk at 10:00 a.m. Funds raised are used to promote wellness programs that are offered at the Center for no charge. For more information visit www.cancerwellness.org

Congratulations to the **Northbrook Symphony Orchestra** for receiving the prestigious "Programming of the Year" award by the 2013 Illinois Council of Orchestras, in recognition of its innovative musical choices, and for interesting soloists and themes. For information visit www.TheNSO.org.

Align Wellness Center is now offering professional massage services at the North Suburban YMCA. Appointments are available for 25 minute or 55 minute sessions in the comfortable Health Center, adjacent to the adult locker rooms. Visit www.nsymca.org or call (847)564-9500 for more information and pricing.

School District 30 will host the 12th annual Lew Blond Memorial 5K Run/Walk honoring the memory of a Maple School teacher on Saturday, June 1st at 8:00 a.m. at Maple School. Funds raised from the event support the Les Turner ALS Foundation, school projects and scholarships for high school seniors interesting in pursuing a career in education. For more information or to sign up call (847)400-8900.

North Shore Chamber Music Festival officials announced recently that a number of legendary musicians, composers and conductors will be the highlight of the June 5th, 7th

and 8th festival at the Village Presbyterian Church. Performances will feature masterpieces by Schubert and Tchaikovsky as well as Oscar Peterson's great swing. Famed contemporary conductor Andrew Litton will give an exclusive performance as a pianist performing jazz solos. For more information visit www.nscmf.org or call (847)370-3984. A 10% discount is offered for any purchase before May 10th.

Spartan FC and FC-1 Academy recently announced the May/June tryout schedule for the upcoming 2013-2014 season. Spartan FC/FC-1 is a competitive soccer club for U8-U23 boys and girls emphasizing excellence through the development of individual skills, teamwork, and sportsmanship. For information visit www.spartanfc.org or www.fc1academy.com.

Village of Northbrook officials announced recently that they have locked in a new rate for electricity that is slightly higher than last year's rate, but substantially lower than the ComEd rate. The new rate of 4.99 cents per kilowatt-hour (kWh) for June 2013 through May 2014 is 17% lower than ComEd's new rate of 6.047 per kWh. Northbrook is projected to realize savings of \$4.7 million, or on average, \$409 per household and \$211 per qualifying small business in the first year of the program. Small businesses with an annual usage of 15,000 kWh or less are eligible to participate in the program. For more information visit www.northshore-electricityaggregation.com.